Thrive LDN

Theory of Change

CURRENT ACTIVITIES

London assets

- Creativity and Wellbeing week
- National Park City Festival
- Science Gallery partnership

Young Londoners

- Festival
- Act On podcast
- Young London Inspired
- Discover Children's Story Centre
- Youth MHFA

Thrive LDN Champions

 Leadership Development Programme

Right to Thrive

 Intersectional and marginalised community engagement

Suicide Prevention

- Network
- Hub
- Education
- Citywide campaigi

ASSUMPTIONS

Londoners want to have an active role in societal changes which will impact their lives

The London health and social care system is ready to authentically engage with Londoners with lived experience of inequalities and mental health

SHORT TERM OUTCOMES

Events co-produced by marginalised and intersectional communities to protect and promote wellbeing

Thrive LDN champions completing the Leadership Development Programme

Events and activities led by young Londoners to address issues which affect them

YMHFA trained education staff in each London borough

Multi-agency group aligned to prevent suicide and support facilitation of activity across London

Partnerships with groups and movements traditionally not focused on wellbeing or inequalities

MEDIUM TERM OUTCOMES

Activities and events are taking place across London for individuals and communities to use as a safe space and a platform to share their experiences and connect with others

Increase in numbers of Londoners coming together (activities, events, online) aligned by their experiences of identity, inequality or mental health

Actions taken together by groups of Londoners whose goal is to enhance their wellbeing and / or achieve a common objective

Increase in number of participants, partnerships and platforms to scale and spread messages spread across London communities and social networks

Specific messages are produced by Thrive LDN activities

LONG TERM OUTCOMES

All Londoners will have fair and equal exposure to the social, economic and physical factors which shape health and wellbeing

ULTIMATE GOAL

All Londoners will have the opportunity to have good mental health and wellbeing

LINE OF ACCOUNTABILITY