

**OVER 12 LONDONERS
A WEEK TAKE THEIR
OWN LIFE. IF SOMEONE
WAS IN CRISIS, WOULD
YOU KNOW WHAT TO SAY?**

Take the training and
learn life-saving skills today.
It only **takes 20 minutes.**

#ZeroSuicideLDN

www.thriveldn.co.uk/zerosuicideldn